



## **Visual Aid Checklist**

The following is a checklist that is necessary to use visual aids correctly:

- ❑ Make sure your tone is positive. If it is not positive the child will focus on how they feel and not your words.
- ❑ When it is time to clean up. Use a distraction to get the child's attention, flick the lights, explain that cleanup will begin in 2 minutes. Show on a clock when 2 minutes is up. A manual timer/clock with arms is best.
- ❑ When you give a direction for example, sit in the chair please. As you ask the child to sit in the chair. You would pull out a chair and sit in it.
- ❑ Do not expect our child to instantly follow our direction unless the child is tuned in to "you" and not "their needs". This will cause an outburst and possible meltdown. Transition time is important and must be given a visual to accomplish. This technique is useful for all children.
- ❑ You can also use flat items as in storyboards and cue cards but you must also use a visual that can be touched and is moveable.

Positive reinforcement should also be incorporated while using visuals.

There is a post regarding positive reinforcement on my website [akabubblewrap.com](http://akabubblewrap.com).

We also have a facebook group Akabubblewrap & Asperger Support. The group is for parents of high functioning asperger children in a community where we will be paired up with a partner with similar frustrations, you are not alone and will always have a resource available.



*aka bubble wrap*  
VISUALLY NECESSARY

We will have weekly discussions, one week may be a medication issue, not sleeping through the night, IEP's, Parapro's and so on. The point is that we are a group that is there for each other giving constant support.

Watch for more in depth training and future posts to support your family and lessen the frustrations of our children at home and in the classroom.